Meningococcal Disease (including Meningitis) is serious

If you are sick, go to the doctor
If a friend is sick, take them to the doctor

- If you are not getting better, go back again
- Don’t stay alone
- Meningococcal disease can progress very quickly

If you have any of these symptoms:
- fever
- vomiting
- a rash
- headache
- drowsiness
- or a stiff neck
don’t wait - see the doctor