Meningococcal Disease

(including Meningitis)

is serious

If you are sick, go to the doctor

If a friend is sick, take them to the doctor



- If you are not getting better, go back again
- Don't stay alone
- Meningococcal disease can progress very quickly

If you have any of these symptoms:

- fever
- vomiting
- a rash
- headache
- drowsiness
- or a stiff neck

don't wait see the doctor

New Zealand Government



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This resource is available from www.healthed.govt.nz or the Authorised Provider at your local DHB.